

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)
January 10, 2018
YULEE FULL SERVICE SCHOOL
YULEE, FLORIDA

(Some member reports may relate to more than one area of the eight categories of Coordinated School Health.)

MINUTES

The School Health Advisory Council met on Jan. 10, 2018 at the *Nassau County Children and Family Education Center* in Yulee, Florida. Those in attendance were:

Andreu Powell	NCSB/Office of I & P
Angela McClellan	NCSB Homeless Liaison
Dr. Frank Gupton	Florida Department of Health Nassau County
Dr. Eugenia Ngo-Seidel	Florida Department of Health Nassau County
Kathy Crosby, RN	Health Science Instructor, YHS
Kim Clemons	Employee Wellness Project Manager, NCSB
Kyle Malucci	Hilliard Parks & Rec. Dept.
Lisa Rozier	Family Support Services
Melissa Shipley	Wolfson Children's Hospital
Stacy Alvaré	ESE/Psych Services, NCSB
Tonia Harris	North Florida AHEC
Marian Finley	NACDAC
Denise Cox	UF Extension
Jennifer Smidt	North Florida AHEC
Lauren Jones	NCSB

The meeting opened with a welcome by Andreu Powell and introductions were made.

Minutes from Nov. 8, 2017 were approved.

New Business

Dr. Seidel provided a handout on Healthiest Weight 2017-2018 and reviewed recent survey data on overweight and obese adults in Nassau County. She encouraged attendees to familiarize themselves with data on CHARTS and updated the group on FDOH Healthiest Weight Initiative and related activities in our community and schools to support healthy weight in individuals, families and students. Some discussion occurred regarding student BMI screening results sent home in letters. Dr. Seidel responded to questions.

Comprehensive School Health

An Asthma Education update on classes at YPS was given by Melissa from The Players at Wolfson Children's Hospital.

AHEC reported on its health careers initiative with high school students.

Physical Education

Hilliard Parks & Rec is having a community Health & Fitness Fair, which will include the Blood Mobile.

School Health Services

High school health students were reported to be doing rotations at community sites.

Dr. Gupton reported on dental activities with kids at clinics and as part of the sealant program in Nassau County schools. The dental program also recently added a new dentist to the staff.

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Dr. Seidel spoke about flu immunizations given to students and numbers of flu cases in schools. She also confirmed that Stop the Bleed trainings continue in our area.

NCSD Physical Therapist/Assistive Technology Liaison asked for ideas from the group for how to help a student get a wheelchair.

School Nutrition Services

UF Extension reported on YUM classes held at YPS and CES. YUM classes are also offered at BES through UF Extension's 4H program. YUM worker Denise Cox is also helping YPS with a school garden for its STEAM program. She also shared about other Extension activities with pre-schools and churches.

Dr. Seidel reminded the group that WIC services are for children through age 5.

School Counseling, Psychological and Social Services

FSS invited members to the Breakfast Learning Series for a presentation by the Women's Center of Jacksonville.

Cessation classes are occurring in Nassau County through North Florida AHEC.

The Homeless Liaison reported that at least 450 students are enrolled in the FIT program. She reported on Christmas activities for families in need during the holidays. All FIT students received gifts and goodies through various groups.

Healthy School Environment

NCSD Food Service Director spoke about the Harvest of the Month curriculum available to any teacher. She also updated the group on Food Truck activities. Schools with open campus lunch policy have lower participation numbers.

School-site Health Promotion for Staff

The Employee Wellness Project Manager reported on activities with drivers & district office staff, the SDEW Annual Meeting and Healthy School District Symposium, on-site exercise classes, the "500 Every 5" reward program and participation numbers in on-site biometric health screenings and shot events. Stacy Alvaré shared about the Florida Breastfeeding Friendly Employer Award received by NCSD.

Family and Community Involvement in Schools

Dr. Seidel spoke about school sites serving as shelters during our Winter Storm.

Partners were asked to help out with the Florida Youth Survey.

The need for a new District SHAC chair was shared.

The next NCHIC health coalition meeting date was announced.

Meeting was adjourned.

Minutes respectfully submitted by Kim Clemons